

## Top 50 Personal Records

### Women

1	Nancy	Pease	0:50:30	1990
2	Carmen	Young	0:50:54	1986
3	Cedar	Bourgeois	0:51:44	2005
4	Holly	Brooks	0:51:58	2010
5	Kikkan	Randall	0:52:03	2011
6	Lynn	Galanes	0:53:19	1983
7	Patti	Foldager	0:53:22	1991
8	Deborah	Nordyke	0:53:55	1991
9	Nina	Kemppel	0:54:20	2000
10	Laura	Brosius	0:55:18	2010
11	Kjerstin	Lastufka	0:56:18	1996
12	Danelle	Ballengee	0:56:31	2000
13	Nicole	DeYong	0:57:13	2007
14	Teresa	Brady	0:57:25	2000
15	Betsy	Haines	0:57:38	1979
16	Allison	Spencer	0:57:39	1976
17	Lisa	Corbin	0:57:46	2000
18	Rachel	James	0:57:51	2005
19	Shannon	Donnelly	0:58:05	2004
20	Liz	Carey	0:58:06	1978
21	Rachel	Dow	0:58:14	2010
22	Kathy	Anderson	0:58:23	1974
23	Danielle	Pratt	0:58:30	2010
24	Sarh	Smith	0:58:51	1989
25	Aubrey	Smith	0:58:57	2008
26	Kate	Fitzgerald	0:59:09	2011
27	Dominique	Colberg	0:59:11	2004
28	Gail	Taylor	0:59:32	2010
29	Leslie	Varys	0:59:34	2011
30	Lauren	Fritz	0:59:40	2011