

# penguin Mountain Run

August 9, 2008  
Penguin Mountain, Bird Creek

Name: \_\_\_\_\_ Age on race day: \_\_\_\_\_ Sex: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## The 2008 Penguin Mountain Run is a USATF Sanctioned Event

- Race starts at 10:00am
- Race day registration and bib pickup CLOSSES at 9:30am – NO EXCEPTIONS
- Registration Fee: \$20.00 if received by 8/5/2008, \$30 on race day
- Make check payable to: Alaska Mountain Runners, P.O. Box 11-1713, Anchorage, AK 99511
- Must be 14 years old or older - parent or legal guardian signature required if participant is under 18 years of age – ID required

**RISK ASSUMPTION:** I affirm I am physically fit to participate in this event. I hereby release and discharge Alaska Mountain Runners, USA Track & Field, Chugach State Park, State of Alaska, and any other person, volunteer, organization, and/or agency associated with the 2008 Penguin Mountain Run against from any and all claims, demands, actions and causes of actions, whether for property damage, personal injury, or death, arising from participating in any aspect of the events scheduled to be held in accordance with, at or near Bird Ridge on August 9, 2008.

Participant's initials: \_\_\_\_\_ Parent or Guardian's initials: \_\_\_\_\_

**RELEASE OF LIABILITY:** I hereby release Alaska Mountain Runners, USA Track & Field, Chugach State Park, State of Alaska, and any other person, volunteer, organization, and/or agency associated with the 2008 Penguin Mountain Run against from any and all claims, liability, or causes of action of any kind, whether based on negligence or otherwise, for property damage, personal injury, or death, arising from or related to the participant's participation in the event scheduled to be held in accordance with, at or near Bird Ridge on August 9, 2008.

Participant's initials: \_\_\_\_\_ Parent or Guardian's initials: \_\_\_\_\_

**INDEMNIFICATION:** I hereby agree to indemnify, defend and hold harmless, Alaska Mountain Runners, USA Track & Field, Chugach State Park, State of Alaska, and any other person, volunteer, organization, and/or agency associated with the 2008 Penguin Mountain Run against any claim, liability, or cause of action of any kind, whether based on negligence or otherwise, for property damage, personal injury, or death, made against the indemnified parties and arising from or related to the participant's participation in any and all competitive events at or near Bird Ridge on August 9, 2008.

Participant's initials: \_\_\_\_\_ Parent or Guardian's initials: \_\_\_\_\_

**COVENANT NOT TO SUE:** I hereby covenant and agree I will never bring, authorize to be brought, or otherwise participate in any claim, suit, or cause of action of any kind, whether based on negligence or otherwise, for property damage, personal injury, or death, against Alaska Mountain Runners, USA Track & Field, Chugach State Park, State of Alaska, and any other person, volunteer, organization, and/or agency associated with the 2008 Penguin Mountain Run against arising from or related to the participant's participation in any and events in accordance with, at or near Bird Ridge on August 9, 2008.

Participant's initials: \_\_\_\_\_ Parent or Guardian's initials: \_\_\_\_\_

**I have read and initialed the above RISK ASSUMPTION, RELEASE OF LIABILITY, INDEMNIFICATION, and COVENANT NOT TO SUE and agree to the provisions.**

\_\_\_\_\_ Date

\_\_\_\_\_ Participant's Signature

\_\_\_\_\_ Parent or Guardian's Signature

